

## ATHLETE EDUCATION

### Athlete certificate (15-18 years)

The World Academy of Sport's five-hour online course for students gives young people (recommended ages 15-18) the understanding and tools they need to become successful elite athletes. The programme was designed by industry specialists and experts.

#### Content

- Values and integrity in sport.
- Health and well-being, including mental health.
- Working with a support team and building positive relationships.
- Social media and dealing with traditional media.
- The journey of an elite athlete.

Read the [course prospectus](#) or watch the [course video](#) on the World Academy of Sport website.

#### Structure

- Certificate can be started online at any time.
- Five modules of content, with each lasting about an hour.
- Online learning, including text, videos, animations and various learning activities.
- Students can complete the course at their own pace as progress is saved.

#### Assessment and certification

There is no formal assessment for this course. Participants can download the athlete certificate upon completion.

#### Cost

Access to the course is free through World Archery. Young athletes interested in the course should contact their national archery federation.

#### Eligibility

This course is designed for young athletes aged 15 to 18 who are beginning their performance pathway however people of other ages may find the content useful. A basic knowledge of English is required. A maximum of 100 archers per country may access the course.

#### Registration

Interested member associations must contact World Archery no later than **15 December 2020**. Each country's list should take into account gender, geographic and age balance.

#### Contact

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