

# 18-19 NOVEMBER 2017 RECURVE COACHING SEMINAR & WORKSHOP

### Who?

For Archery Coaches and Instructors with an interest in learning more about Recurve bow in competitive level.

### What?

2 days with Kim Hyung Tak covering the topics and his experiences on: effective shooting form – accuracy & consistency, how to correct an inaccurate form, mental & physical training tips.

### Cost? CHF 180.-

\*Accommodation and meals not included. Water, soft drinks and bow storage included.

# EXPERT: KIM HYUNG TAK (KOR)



Expert Advice
Shooting Form
Mental Tips
Physical Tips

## Registration:

info@worldarcherycentre.org

18 Nov. 09h00 - 12h30

14h00 - 17h30

19 Nov. 09h00 - 12h30

13h30 - 16h00

# WORLD ARCHERY EXCELLENCE CENTRE

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